



PEAK ADVENTURES

EXPLORATION | EDUCATION | CONSERVATION

Get Ready for an Unforgettable Camp Experience with Peak Adventures!

Dear Parents,

We're thrilled that your child will be joining us on our upcoming camp adventure with Peak Adventures! To ensure they have the best possible experience, we've created a comprehensive packing list and preparation guide

Here's what your child should bring to camp:

Camp Packing Essentials:

- **Sleeping Bag & Pillow:** A good night's sleep is crucial for all the fun activities we have planned.
- **Inflatable Sleeping Mat:** We provide simple sleeping mats however if you would like to bring your own this is not a problem.
- **Warm Layers:** The weather can change quickly, so please pack a warm fleece or hoodie, along with a beanie.
- **Waterproof Jacket & Trousers:** We'll be outdoors rain or shine, so waterproof gear is a must.
- **Camp Shoes:** Something comfy.
- **Water Shoes:** shoes that can get wet and be used in the lakes, old trainers are perfect.
- **Swim wear:** Camp site will have access to lake
- **Flashlight or Headlamp:** Essential for nighttime activities and navigating after dark.
- **Reusable Water Bottle:** Hydration is key! Please ensure your child brings a durable water bottle.
- **Toiletries & Towel:** Basic hygiene items (toothbrush, toothpaste, soap) and a quick-dry towel.
- **Healthy Snacks:** Pack some non-perishable snacks for extra energy between meals.
- **Sunscreen & Insect Repellent:** We'll be spending lots of time outdoors, so protection from the sun and insects is important.
- **Notebook & Pen:** Encourage your child to capture their thoughts and memories during the trip.
- **Extra Socks & Underwear:** Always good to have backups!

Important Reminders:

- Please label all belongings with your child's name.
- Encourage your child to pack themselves so they know what they've brought.
- Please leave all electronic items at home such as phones, psp's etc. as we would like to create a wilderness experience away from the distractions of modern life. Digital cameras are acceptable.

If you have any questions or need further information, feel free to reach out to us. We're here to help make this a safe and memorable adventure for your child! Thank you for trusting Peak Adventures with your child's outdoor experience. We can't wait to embark on this journey with them!